



# *Fabulous Friands!*



*Proudly  
Australian  
Made and  
Owned*

Edlym's **Friand Mix** is the perfect base for delicious, dense friands. Just add your favourite flavour to create the ultimate little indulgence.



The Friand is a deliciously dense and moist dessert cake traditionally using almond meal, butter and egg whites as its base.

Edlyn's Vanilla Friand Mix makes it even easier to create these fantastic dessert cakes and add something deliciously different to your menu offering.

Check out our recipe ideas in this book to help create some fun and inspiration for your fabulous Friand creations



SERVING SUGGESTION

# Method

## Mixing Directions

FRIAND MIX	COLD WATER	BUTTER	APPROX YIELD (70g FRIAND)
250g	100mL	100g	6 Friands
500g	200mL	200g	12 Friands
1Kg	400mL	400g	25 Friands
2Kg	800mL	800g	51 Friands

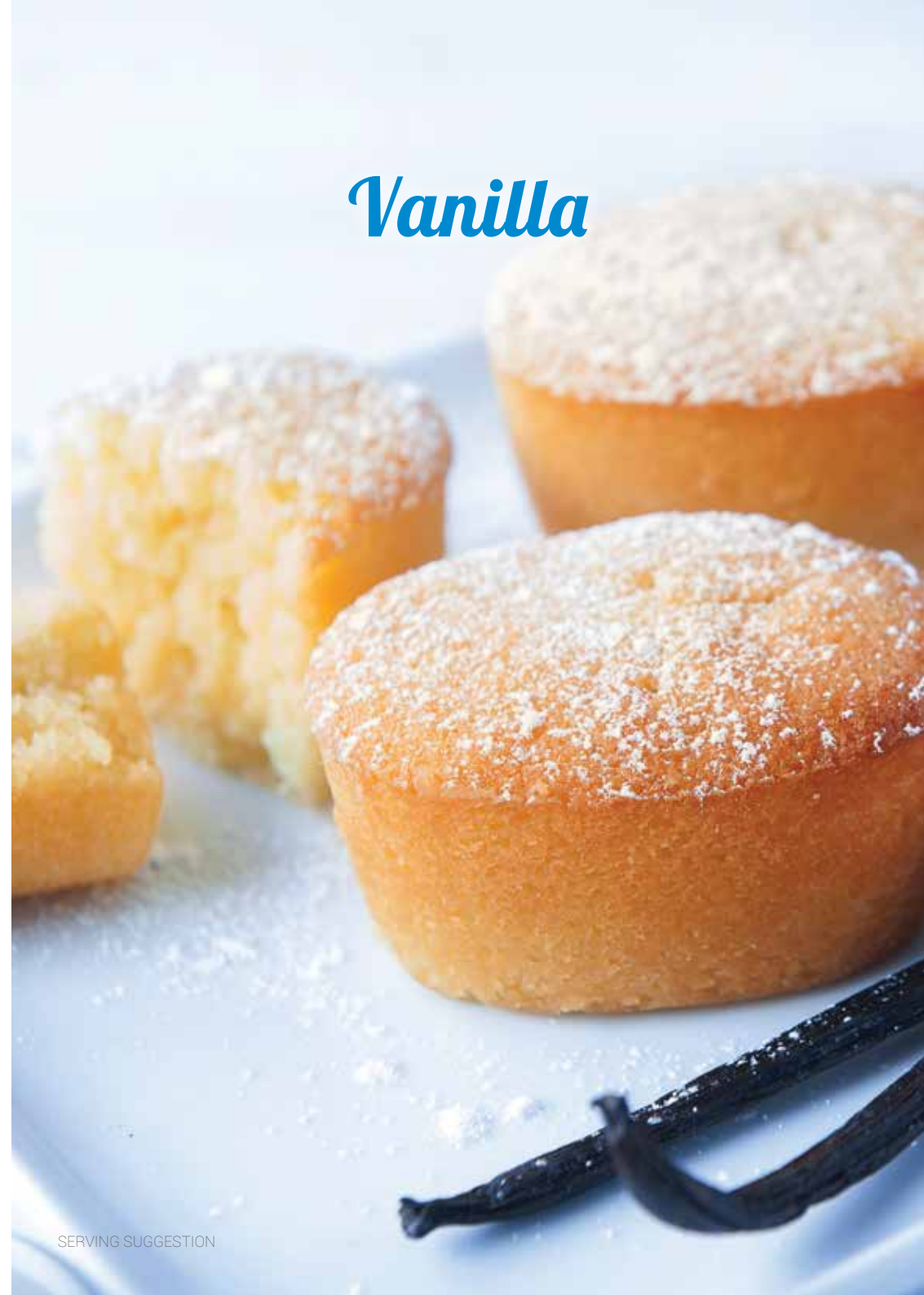
## Ingredients:

- Edlyn Friand Mix 1Kg
- Water 400mL
- Butter 400g

## Directions:

1. Melt butter before blending, do not overheat. Add water, Friand Mix & butter into bowl.
2. Mix on low speed for 1 minute using a paddle attachment.
3. Scrape down sides of bowl with spatula.
4. Mix on low speed for 2 minutes.
5. Grease your Friand tin and using a jug, pour 70g of batter into each portion.
6. Bake at 180°C for 25-30 minutes.
7. Allow Friands to cool before transferring them on to a baking rack.
8. When cool dust Friands with icing sugar before serving.

# Vanilla



# Blueberry

# Raspberry

## FRUIT FRIANDS

Gluten Free

### Ingredients:

- Edlyn Friand Mix 1Kg
- Water 400mL
- Butter 400g
- Blueberry/Strawberry/ 40g  
Raspberry

### Directions:

See page 3.

# Chocolate



## CHOCOLATE FRIANDS

Gluten Free

### Ingredients:

- Edlyn Friand Mix 1Kg
- Water 500mL
- Butter 500g
- Edlyn Cocoa Powder 60g

### Directions:

See page 3

SERVING SUGGESTION

# Almond & Honey



## ALMOND & HONEY FRIANDS

Gluten Free

### Ingredients:

- Edlyn Friand Mix 1Kg
- Water 400mL
- Butter 400g
- Honey 80g

### Directions:

See page 3 (garnish with flaked almond).

SERVING SUGGESTION

# Orange

## FOR ORANGE FRIANDS

Gluten Free

### Ingredients:

- Edlyn Friand Mix 1Kg
- Orange Juice 400mL  
(freshly squeezed)
- Butter 400g
- Orange Zest 40g

### Directions:

See page 3 (garnish with orange peel).

SERVING SUGGESTION

# Go on, get baking!



SERVING SUGGESTION

Along with Edlyn's Vanilla Friand Mix, why not try our range of baking mixes ranging from cakes, muffins, pancakes and scones.

They are perfect for adding that little extra to your menu offering.

**For a full list of bakery products visit: [www.edlyn.com.au](http://www.edlyn.com.au)**



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